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First quarter Chairman's Olympic Challenge: Training for Gold

The first Chairman's Olympic Challenge of this fiscal year, Training for Gold, ran for five weeks, from November 7 until December 12, 2011.

The goal of the quarter's challenge was for each unit and department to earn as many points as possible by engaging in the physical activities listed on the Chairman's Olympic Fitness Challenge exercise equivalent chart, found online at www.tdcj.state.tx.us/divisions/hr/win/info/challengepacket-2012.pdf.

Administrative Leave will be awarded to members of the top three teams in each divisional category, with gold medalists receiving eight hours leave, silver medalists six hours leave, and bronze medalists, four hours. To be eligible, team members must have completed a minimum of 30 points per day, five days a week, for the entire five-week challenge. Individual participants must have 100 percent participation for all five weeks. Results of the challenge will be published in the next issue of the Connections newsletter.

The second challenge, Winter Olympic Games, will focus on inside physical activities and team sports. The third challenge will be the GetFitTexas! State Agency Challenge, and the fourth challenge, Summer Olympic Games, will focus on outside physical activities and team sports. ●